

Person-Centered Thinking Training: Supporting People Who Are Aging eLearn Course



18 Modules | Runtime: 9 Hours



Great for:

DSPs, Case Managers, Home Care Aides, Residential Managers, and anyone supporting older adults in home and community-based or long-term care settings.



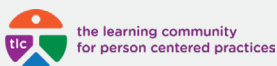
What You'll Gain:

This self-paced course gives supporters a clear, practical understanding of how to apply Person-Centered Thinking when supporting people who are aging—balancing dignity, autonomy, and changing health needs.

Learners will build skills in listening, discovery, and adapting support over time, ensuring that what matters most to each person remains at the center of everyday support.

- ✓ Engaging videos, real-world scenarios, and guided learning
- ✓ Practical tools that can be applied immediately
- ✓ Interactive activities to reinforce understanding

Built with SDA Using the Full TLCPCP Curriculum.



Learning Objectives

Module 1: Core Concept

1. Understand the balance between what is important to and important for each person
2. Recognize how environments and support impact control and well-being

Module 2: PCT for Older Adults

1. Apply Person-Centered Thinking as needs change over time
2. Prioritize relationships, routines, and life story in support

Module 3: Discovery Skills

1. Use listening and conversation to uncover meaning and preferences
2. Build trust through intentional discovery

Module 4: Rituals & Routines

1. Identify daily patterns that provide comfort and identity
2. Support consistency while adapting to change

Module 5: Good Day/Bad Day

1. Recognize patterns that lead to positive or challenging days
2. Use insights to improve daily support

Module 6: Relationship Mapping

1. Understand the role of relationships in well-being
2. Identify opportunities to strengthen connections

Module 7: Communication Chart

1. Interpret behavior as communication
2. Respond in ways that support safety and trust

Module 8: Two-Minute Drill

1. Use focused listening to quickly understand what matters
2. Apply reflection to guide support decisions

Module 9: Reframing Reputations

1. Move beyond labels to understand underlying needs
2. Shift perspectives to support more effectively

Module 10–16: Learning & Teaming Skills

1. Apply tools like the Learning Log, 4+1 Questions, and Working/Not Working
2. Clarify roles, improve teamwork, and strengthen decision-making

Module 17: Person-Centered Description

1. Build clear, usable plans that reflect the person's voice
2. Balance preferences with health and safety

Module 18: Wrap-Up

1. Apply Person-Centered Thinking in everyday practice
2. Support long-term, meaningful change



How It Works

This eLearning course can be hosted within an existing SCORM-compliant Learning Management System or through IntellectAbility's electronic Learning Platform (eLP). Both options allow learners to progress at their own pace while enabling tracking of user activity and course completion, with certificates generated upon successful completion.



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