



Replacing risk starts with knowing how.

IntellectAbility's® On-Demand
Health and Safety Training

ReplacingRisk.com

Take the Fatal out of the Fatal Five

Take the Fatal out of the Fatal Five for your entire organization at all levels of support with these three comprehensive eLearn course tracks. Each course is designed to instruct on these five important conditions from a different support position's perspective.



Fatal Five Conditions

- ✓ Aspiration
- ✓ Bowel Obstruction
- ✓ Dehydration
- ✓ Infection/Sepsis
- ✓ Seizures + GERD

The Fatal Five Fundamentals

 Duration: 4-6 Hours

 NADSP Accredited

Great for: Anyone who supports someone with IDD

Gain essential knowledge on the Fatal Five. This course clearly defines each of the Fatal Five, covering how to identify them, who is at risk, what to report, and when to escalate to a medical manager or seek emergency care.

The Fatal Five Advanced

 Duration: 6.5-8.5 Hours

 Nursing CEU Credits: 8

Great for: Clinicians

Gain a detailed, clinical look at the Fatal Five. This course emphasizes training support staff to recognize each condition, understand its health and safety implications, and promptly report any concerns as they arise.

The Fatal Five for Case Managers

 Duration: 5.5 Hours

Great for: Case Managers

Oversee and advocate to prevent the Fatal Five.

This course equips Case Managers with the knowledge to enhance the well-being of those they support, while strengthening their effectiveness as advocates and stewards of health and safety.

*"I completed the Fatal Five course, and I loved it!
It is such an important topic for our staff."*

- C. M., Training Manager



Understanding Behavior Starts with Understanding Trauma

Learners explore how trauma shapes behavior and relationships for people with IDD and develop practical strategies for responding effectively.



Trauma-Informed Support eLearn Course

with Dr. Karyn Harvey



 **Duration: 3 Hours**

 **Format: 5 Self-Paced Modules**

 **NADSP Accredited**

Great for: DSPs, Support Coordinators, Case Managers, Supervisors, and other frontline supporters

Support healing through informed, compassionate care.

People with intellectual and developmental disabilities experience trauma at significantly higher rates than the general population. Yet their trauma responses are often misunderstood or mislabeled as “behavior incidents.”

This practical eLearn course helps supporters recognize how trauma affects the brain, behavior, and identity, and how

to respond in ways that promote safety, healing, and trust.

Led by **Dr. Karyn Harvey**, a nationally recognized psychologist and leader in trauma-informed approaches for people with intellectual and developmental disabilities, this course combines research, real-world insight, and practical strategies that supporters can apply immediately.

Topics Include:

- ✓ Understanding **Big “T” and little “t” trauma**
- ✓ Recognizing **fight, flight, freeze, and fawn responses**
- ✓ How trauma affects the **brain and identity**
- ✓ Identifying signs of **PTSD in people with IDD**
- ✓ Practical strategies that build **trust, resilience, and positive identity**

Person-Centered Thinking goes beyond a mindset.

It's a skill set.

Person-Centered Thinking (PCT) is a set of values and skills used to help people reclaim or maintain a voice in their own lives.

Being knowledgeable of the essentials behind PCT is key to providing adequate support and giving people the opportunity for independence and growth.

License our comprehensive PCT online training courses for your organization.



Person-Centered Thinking Training: Orientation to Person-Centered Thinking (PCT)



 **Duration: 30 Minutes**

 **NADSP Accredited**

Great for: Anyone who supports someone with IDD

Start your journey into the life-changing world of person-centered approaches. Gain a good, general grasp on the foundations of person-centered practices as well as how and why the field of IDD utilizes these skills and techniques.



Person-Centered Thinking Training: Applying Person-Centered Thinking (PCT) Approaches



 **Duration: 2 Hours**

 **NADSP Accredited**

Great for: Provider agency management staff, program and house managers, and DSPs

Bring about a person-centered cultural shift in delivery methods and approaches. Change how you deliver support while beginning to shift the culture of your organization to one that is person-centered on all levels.





Person-Centered Thinking Training: Supporting People with IDD



 **Duration: 9 hours**

 **NADSP Accredited**

Great for: Anyone who supports someone with IDD

This course equips frontline supporters with the Person-Centered Thinking skills they need to deliver respectful, dignified support to people with intellectual and developmental disabilities — honoring who each person is while supporting their health and well-being.

The Learning Community for Person-Centered Practices (TLCPCP) full curriculum, made in partnership with Support Development Associates (SDA).



Person-Centered Thinking Training: Supporting People Who Are Aging



 **Duration: 9 hours**

Great for: Care Staff, Residential Managers, Home Care Aides, Case Managers, and anyone supporting older adults in home, community-based, or long-term care settings.

This course equips frontline supporters with the Person-Centered Thinking skills they need to deliver respectful, dignified care to older adults — honoring who each person is while supporting their health and well-being.

The Learning Community for Person-Centered Practices (TLCPCP) full curriculum, made in partnership with Support Development Associates (SDA).



Observe, Make Informed Decisions, and Take Action

Supporters are often the first to notice when something is wrong. These courses build the observation, communication, and decision-making skills needed to recognize changes in health, understand their implications, and take appropriate action.

Recognizing Health Changes



Actions Speak Louder Than Words



 **Duration: 40 Minutes**

 **NADSP Accredited**

Spot changes in baseline behavior that may indicate pain, illness, or an underlying issue. Learn how behavioral cues can signal medical concerns and how supporters can identify and report those changes quickly.



Understanding and Recognizing Pain in People with IDD



 **Duration: 25 Minutes**

 **NADSP Accredited**

Pain often presents differently in people with IDD. This course teaches supporters how to recognize behavioral, physical, and emotional indicators of pain and how to document and communicate concerns to healthcare professionals.



Communication & Support



Effective Communication for Direct Support Professionals



 **Duration: 55 Minutes**

 **NADSP Accredited**

Strengthen communication skills that support person-centered relationships. Learn how behavioral cues, communication preferences, and environmental factors influence how people with IDD express needs, emotions, and discomfort.

Medication Awareness



Understanding Polypharmacy



 **Duration: 25 Minutes**

 **NADSP Accredited**

Explore the risks associated with multiple medications and learn strategies for recognizing medication-related concerns so they can be addressed with healthcare professionals.

Prevent Risks Before They Become Emergencies

Many serious health complications can be prevented through proper nutrition, safe mealtime practices, and appropriate use of medical equipment. These courses provide practical guidance for reducing everyday risks and supporting safer environments.

Mealtime Safety & Nutrition



Plate it Safe: Avoiding Mealtime Risks



 **Duration: 45 Minutes**

 **NADSP Accredited**

Identify the "Dangerous Dozen" mealtime practices that can create serious health risks. Supporters learn how to recognize unsafe environments, support prescribed diets and texture modifications, and promote safe, respectful mealtime practices.



Diet and Meal Planning for Provider Agency Staff



 **Duration: 25 Minutes**

 **NADSP Accredited**

Learn how to interpret diet orders, plan meals that meet individual dietary needs, and prepare food safely while respecting personal preferences and dignity.



Health & Physical Support



Physical and Nutritional Health Supports



 **Duration: 3 Hours**

 **NADSP Accredited**

A person-centered approach to occupational and physical therapy principles. Supporters learn how therapy techniques can promote mobility, safety, and independence in daily activities.

Equipment & Safety



Techniques in Proper Maintenance of Durable Medical Equipment



 **Duration: 25 Minutes**

 **NADSP Accredited**

Recognize signs of equipment issues and understand how routine maintenance supports safety. This course covers wheelchair fit, identifying user discomfort, and reporting concerns appropriately.



Emergency Prevention



A Guide to Manage Choking



 **Duration: 1 Hour**

 **NADSP Accredited**

Understand the causes of choking, who may be at risk, and strategies for reducing that risk. Supporters learn what actions to take if choking occurs and how to prevent incidents before they happen.



The National Alliance for Direct Support Professionals (NADSP) provides professional development opportunities, including the NADSP E-Badge Academy, which enables DSPs to earn electronic badges that demonstrate their knowledge, skills, and values. NADSP accreditation demonstrates that programs effectively teach the ethics, knowledge, and skills that constitute best practice in community support, and can prepare staff for NADSP certification.



The *Curriculum in IDD Healthcare* is an integral part of IntellectAbility's American Board of Medical Specialties Portfolio Program™ Sponsor Activity, *Improving Care for Patients with Intellectual and Developmental Disabilities (IDD)*. This QI activity is approved for Maintenance of Certification (MOC) credit from participating ABMS Member Boards or the National Commission on Certification of Physician Assistants (NCCPA). It is designed to expand clinicians' knowledge of IDD healthcare and increase confidence in their ability to treat people in this patient population.

The Simplest Way to Build IDD Healthcare Expertise at Your Organization—No In-Person Trainer Required.

"I highly recommend the Curriculum in IDD Healthcare to any nurse. I have had rave reviews from new nurses to veterans. The courses are educational and use person-first language and show great respect for individuals and their care team. I hope as clinicians learn more about disabilities, they will also pick up this humane approach."

*- Elizabeth Gifford, RN, BSN, CDDN
Health Services Director,
Mosaic National Supports*

"All medical providers and dentists should be required to take this course, and in my current job assisting clients with IDD, I had no training or exposure to IDD healthcare. This is a wonderfully condensed program full of valuable information."

- Julie Chrisholm, FNP-C

IDD Healthcare Fundamentals



Curriculum in IDD Healthcare



 **Duration: 4.5 Hours**

 **5 CMEs | 6 Nursing CEUs**

 **ABMS MOC Approved**

Great for: Physicians, dentists, nurses, and nurse practitioners providing healthcare to people with IDD, as well as medical and nursing students

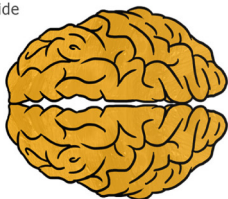
IDD Healthcare Fundamentals for Clinicians.

This course was created and delivered by a physician for physicians and other clinicians. Clinicians will gain a deeper understanding of the unique healthcare needs of those with IDD as well as pertinent, practical information that can be used immediately in their practices to improve outcomes. This course covers everything from the history of IDD treatment to the reasons behind the move from institutional to community-based support.

- ✓ Unlock the language of behavior and how it can point to specific underlying medical causes
- ✓ Improve communication between clinicians and supporters of people with IDD
- ✓ Learn from real-life case studies

Where Seizures Occur

- ▶ If a seizure starts in only one side of the brain, then it is called a partial onset seizure
- ▶ If it starts on both sides of the brain at the same time, it is a generalized seizure
- ▶ Even if a seizure only starts in one part of the brain, it may progress to both sides



Course Licensing

Our Academy courses are available for annual licensing for unlimited access by your agency during that time. Pricing for the license is based on the number of people your agency supports, rather than the number of staff or user accounts you use. Our pricing structure makes eLearn training affordable for agencies of all sizes.

Our interactive eLearns are designed to be hosted on a Learning Management System (LMS). This is a digital platform for managing and delivering educational training courses. The price of a big-name LMS can be out of reach for smaller organizations. If your agency does not have access to an LMS, IntellectAbility can provide access to our own eLearning Platform for a nominal fee.

Contact us

For a free preview and price quote of any of our eLearn courses!

ReplacingRisk.com

727-437-3201



Visit our website to view our individual-use eLearn courses available for six-month licensing.



Custom Developed eLearn Courses



Script & Voice Over

We begin by sourcing subject matter experts (SMEs) tailored to your requirements. They could be your internal staff and/or other experts with decades of experience.

- ✓ Script developed and implemented with your approval.
- ✓ Each module is narrated with closed captions.

Animation & Illustration

Next, we design and outline your course to achieve the learning objectives.

- ✓ Custom animation and illustrations.
- ✓ Professionally shot studio videos.
- ✓ Custom activities that test the learner's ability to apply your course instruction.

On-Demand Course Platform & Reporting

Finally, your custom eLearn can be hosted in any standard LMS.

- ✓ Upload your custom eLearn to your LMS or IntellectAbility's eLearning Platform (eLP).
- ✓ Receive reports showing user engagement, completion, and quiz outcomes.

Fully customized eLearning, built around your content and delivered *exactly the way you want*.

**Our team works with
you from start to
finish.**

"IntellectAbility has been a staple, supporting our learning programs for the past 5 years, demonstrating exceptional leadership in collaborative partnership. The knowledge and attention to detail this organization brings to our most significant projects has aided in keeping [DBHDD] on track during major changes within our learning culture."

- GA Department of Behavioral Health & Developmental Disabilities

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IntellectAbility's Online Health, Safety, and Wellness Training



Discover how IntellectAbility Academy can enhance your IDD and aging support—contact us today.



IntellectAbility[®]
REPLACING RISK WITH HEALTH AND WELLNESS



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