



Coaching-Training Syllabus

Duration

6 Hours

● **Session 1: Orientation and Purpose, Using Stories, Learning Types, Two-Minute Drill, and Four Plus One**

Coach-Trainees should budget about 8 hours over 4 weeks for study and group- and individual-presentation preparation

6 Hours

● **Session 2: Change Agents, Good Day/Bad Day, and Working/Not Working**

Coach-Trainees should budget about 8 hours over 4 weeks for study and group- and individual-presentation preparation

6 Hours

● **Session 3: Rituals/Routines and the Donut**

Coach-Trainees should budget about 8 hours over 4 weeks for study and group- and individual-presentation preparation

6 Hours

● **Session 4: Matching and Learning Log**

Coach-Trainees should budget about 8 hours over 4 weeks for study and group- and individual-presentation preparation

6 Hours

● **Session 5: Communication Chart**

Coach-Trainees should budget about 8 hours over 4 weeks for study and group- and individual-presentation preparation

6 Hours

● **Session 6: Reframing Reputations**

Coach-Trainees should budget about 8 hours over 4 weeks for study and group- and individual-presentation preparation

4-8 Hours

● **Post-Coach Training: Strategic Planning Support with Coaches and Leaders**