

# How the HRST<sup>®</sup> EMPOWERS BETTER HEALTH:

An Ohio Case Study

The Ohio Department of Developmental Disabilities (DODD) partnered with IntellectAbility to study the effectiveness of the Health Risk Screening Tool (HRST) in enhancing care and reducing healthcare costs for people with intellectual and developmental disabilities (IDD).

This comprehensive evaluation, conducted from April 2024 to January 2025, involved screening 307 participants in residential settings throughout Ohio using the HRST.

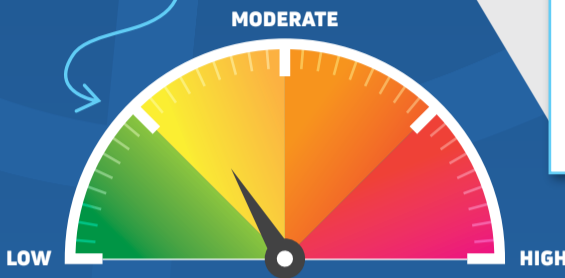


## The HRST Provides an Objective Assessment of Risk

The HRST provides an objective, data-driven measurement of health risks that may not be fully recognized or quantified by supporters.

During the evaluation, the tool helped correct misjudgments of health risk levels, ensuring more accurate support planning.

Where is the health risk level of the person you support?



I really liked the tool. It will help me advocate for the people I support.

### AFTER USING THE HRST:



## The HRST Empowers Supporters

The HRST doesn't just guide health assessments—it strengthens the voice of support staff, enabling proactive, personalized care rooted in data.

## The HRST Prevents Crises and Reduces Costs

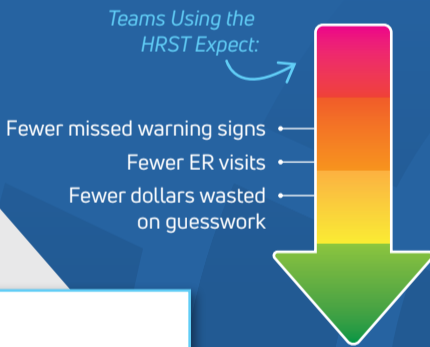
The HRST equips support teams with the knowledge to identify health risks early, long before they escalate into costly crises. When avoidable hospitalizations, emergency visits, and medication mismanagement are caught early, lives are improved—and resources are preserved.

### AFTER USING THE HRST:



## The HRST Enables Agencies to Plan Ahead

By integrating the HRST into planning workflows, agencies can optimize staff time, prioritize high-risk concerns, and reduce long-term costs tied to preventable complications. It's a smarter way to support people—and a more sustainable model for providers and payers alike.



The screening process was eye-opening, especially when those screened had a higher Health Care Level (HCL) than expected.

## The Health Risk Screening Tool (HRST) delivers measurable impact.

By identifying health risks early, it empowers frontline staff with actionable insights and supports proactive planning. The HRST is a proven solution that improves outcomes and protects resources—especially in today's high-pressure care environments.



### Ready to Bring the HRST to Your Organization?

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