

# How to Manage Choking eLearn Course

2 Modules

1 Hour

**Great for:** Any and all supporters of people with intellectual and developmental disabilities

## Gain the understanding of:



- The process of choking and what the body is doing when choking
- The factors that place the body at risk for choking
- What can be done to minimize or eliminate the risks of choking

## How it Works



The How to Manage Choking eLearn course is accessible 24/7 and hosted on IntellectAbility's Learning Management System (LMS). Learners move through the course at their own pace while it saves all forward progress. IntellectAbility's LMS tracks user access and completion and will issue certificates of completion if an overseeing agency requires it.

Learn more about IntellectAbility and the How to Manage Choking eLearn course by visiting [ReplacingRisk.com](http://ReplacingRisk.com).

## What You'll Gain

This self-paced elearn covers the subject of choking in those with IDD who are known to be at a higher risk of choking. This course was developed in partnership with The Arc™ of Florida with the goal of helping direct support professionals, families, and caregivers of persons with I/DD understand the causes of choking, who is at risk, how to mitigate that risk, and what to do when it happens.

### Mitigate the risk of choking.

- Instructional videos
- Interactive questions to ensure the learner's knowledge
- PDF downloads illustrating choking protocols

## Aspiration

Aspiration occurs anytime anything other than air gets into the airway. If a person is aspirating, they may or may not cough.

If a person is choking, the person will cough or try to cough.

