



IntellectAbility
REPLACING RISK WITH HEALTH AND WELLNESS

Empowering Supporters with Proven Solutions

Tools and Training for People
Who Support People with IDD





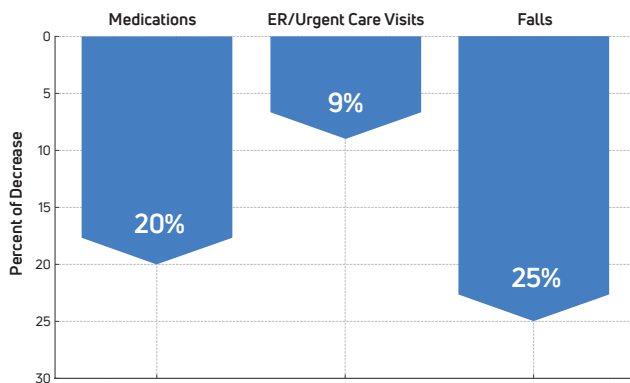
HRST Significantly Advances IDD Healthcare

Case Study: Exceptional Persons, Inc.

Exceptional Persons, Inc. (EPI) supports 326 adults with developmental disabilities throughout Waterloo, IA. In 2016, EPI implemented the HRST and, over the course of a year, reported the following results below.

Because of the decrease in ER visits, EPI also reported significant cost savings.

Decrease in Health Risk Factors with HRST Use



Pilot Confirms HRST Improves Health Outcomes

An Ohio Department of Developmental Disabilities (OH DODD) study found that supporters overestimate low health risk and underestimate high health risks in people they support, indicating the need for an objective way to measure health risks. Additionally, 100% of participants agreed that they felt empowered by the information the HRST provides and confident in applying HRST knowledge to benefit the people they support; 77% of participants agreed that the HRST would help reduce healthcare costs.

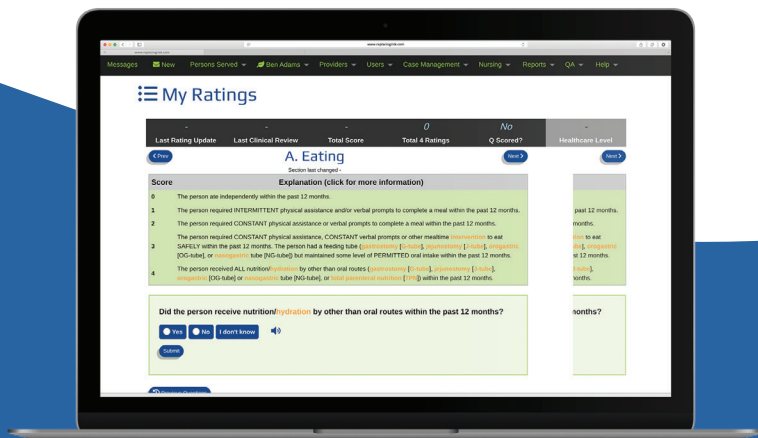
"When people working with those with IDD attempted to estimate health risks on their own, they tended to overestimate very low risk and underestimate the highest or very high risk, thereby revealing the value of the HRST. The HRST would help patient risk be addressed more accurately at each of these important poles."

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Validated & Proven Predictor of Mortality

The *Journal of Nursing Measurement*, Vol. 28, No. 1, April 2020, conducted a study that proves the efficacy of the HRST in predicting mortality in a sample of 12,582 people with IDD. The researchers concluded, **"The HRST can predict mortality. Therefore, it can serve as a basis for establishing healthcare needs and determining nursing care acuity for people with IDD."**



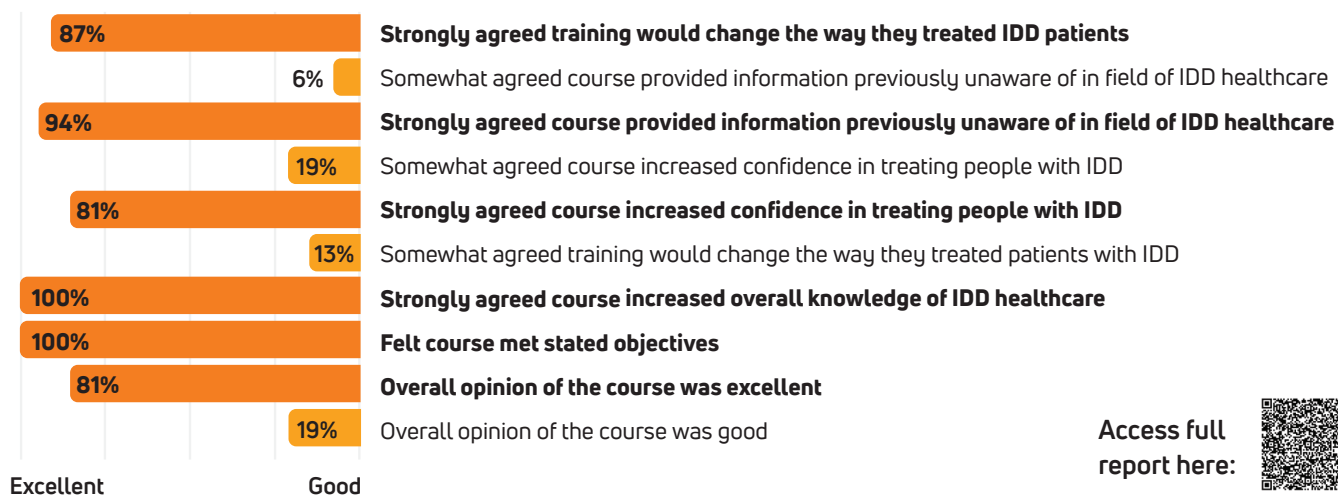
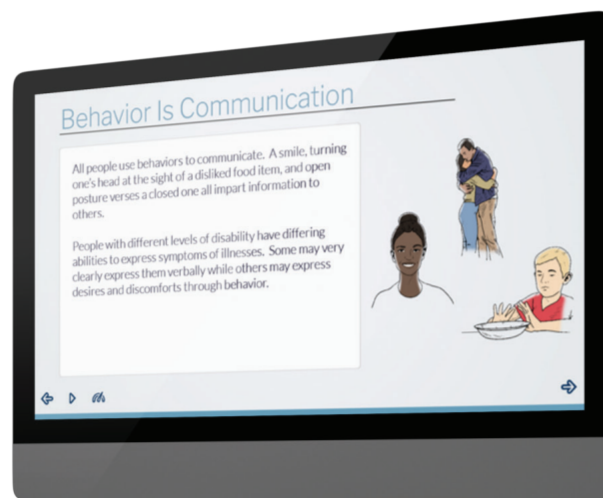
Study Confirms the Impact of Our IDD Training for Clinicians



An independent study conducted by William Carey University College of Osteopathic Medicine demonstrated that the **Curriculum in IDD Healthcare eLearn course is effective in increasing clinicians':**

- **Knowledge** of IDD healthcare
- **Confidence** in treating people in IDD
- **Maximum ability** to deliver effective medical care to people with IDD

The Curriculum in IDD Healthcare (CIDDH) is a CME/nursing CE approved web-based, eLearning course that teaches the fundamentals of IDD healthcare.



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Authors John. P Bartkowski and Xiaohe Xu stated in a peer-reviewed study published in 2024 that:

"Highly effective results were especially evident in measures of the program overall, where the presentations were rated with respect to expectations, improvement of a trainee's medical practice, presenter knowledge, and willingness to recommend the training to others."

"CIDDH often proved to be quite effective. In many cases, superlative (highest possible) ratings

outnumbered the combination of mid-range and deficient ratings by a factor of 3 to 1, meeting or exceeding the 75% superlative response threshold."

"By addressing the unique needs of individuals with IDD, healthcare training programs like CIDDH can reduce health disparities and improve the quality of life among patients with IDD."

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Training That Makes a Difference

What Learners Are Saying About IntellectAbility's Person-Centered Thinking Training

Our NADSP-accredited Person-Centered Thinking (PCT) Training provides essential person-centered skills and techniques to states and organizations. Our training enables others to deliver effective support consistent with person-centered practices.

“

"I did a [PCT] activity with a person I support.... And the feedback I received from her was powerful. I've been working with her for about 4 months now, and that was the most she's opened up. I just wanted to say thank you for the awesome training, and I am looking forward to using different PCT strategies!"

- E.R., PCT Training Attendee

In a survey of 57 people who completed PCT Training:

100%

Found the training effective and felt they could apply the material in practice

92%

Stated the training helped reframe their perspective of what it means to be "person-centered"

“

"We must possess the ability to think person-centered before we can plan person-centered. IntellectAbility's Person-Centered Thinking Training program is a must to learn to engage and support persons served in the most meaningful manner. This training is absolutely amazing, and I'm more than happy to support it in any way possible!"

- Susan Seehase, COO, IACP



Sign up today for our
next PCT Training class!



For More Information:
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